



How to Make a Face Mask

What You Will Need

- 100% cotton fabric - a pretty print is best (remember, men and women wear these)
-tightly woven 100% cotton fabric for front, tightly woven 100% cotton flannel for back
- Rope elastic - beading cord elastic will work (you may also use 1/8" flat elastic)
- Cut the elastic 7" long and tie a knot at each end (do not knot the ends of the flat)

You Can Make Two Sizes: Adult or Child

- 1.) Put right sides of cotton fabric together
-Cut 9x6" (adult) or 7.5x5" (child)
- 2.) Starting at the center of the bottom edge, sew to the first corner, stop.
Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
- 3.) Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
- 4.) Now sew across that top of the mask to the next corner. Again, put an elastic with the edge out.
- 5.) Sew to the next corner and sew in the other end of the same elastic.
- 6.) Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread.
Turn inside out.
- 7.) Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
- 8.) Sew around the edge of the mask twice.

**Instructions courtesy of Deaconess Health*

Watch a YouTube Video Tutorial:

<https://www.youtube.com/watch?v=8Hon3XuHKv0>

Drop-Off Instructions *(Updated 3/23/20)*

Current drop-off hours are 9 a.m. - 1 p.m., Monday-Friday, in the SEMC Clinic parking lot. Donors should call 507-794-3691 once they arrive and a member of the SEMC healthcare team will greet them at their vehicle. Masks will then be sent to laundry services to be prepared for use. Any surplus of masks will be distributed to other organizations in need. Questions regarding masks can be directed to Audrey Welchlin, SEMC Materials Manager, awelchlin@semedicalcenter.org with "Mask Donation" in the subject line. Thank you!

